



# MAXITIA PROJECT INC.

**6/10/2024**

I had the pleasure of announcing the beginning of a Monthly Seminar Series for the Residents of Buena Vida Rehabilitation & Nursing Center in Brooklyn NYC. This is part of the outreach programs of Maxitia Project Inc. and DA Medical Services. Christina Santos, the Director of Recreational Activities at Buena Vida, has been working with us to make this project a great success.

Many of the residents at Buena Vida have health issues, and they are very eager to learn and participate in their own care. This includes medical and wellness points of view.

As a society we sometimes discount the depth of experience and knowledge that our seniors have and their ability to learn is sometimes questioned, we fail to see that they can play a pivotal role in their own care. This can be achieved by seminars like these that focus on giving them a solid knowledge base. This is in addition to the standard patient education instructions.

The residents are very interactive and participate in very lively question and answer sessions. I always enjoy learning from this part of our community, and it is fascinating to see them light up when we come to see them.

They are quick learners and want to know what they can do to improve their health.

These sessions are part of a series of seminars given in collaboration with the Buena Vida Rehabilitation and Nursing Center. Buena Vida demonstrates that there are places that our seniors can live in that they truly make every effort to make them feel at home. They provide quality general care and health care, in an environment which empowers residents to continue to lead happy and meaningful lives. My experience is that the staff is focused on delivering the highest standards of care for our residents.

Maxitia Project Inc. has an extensive network of partners in this and many other endeavors. The underlying goal is to educate all sectors of communities on matters and issues that impact their and their families lives. We do this through educational programs that are taught by experts in the field at hand.

Isabel Leticia Castro  
President and CEO  
Maxitia Project Inc.

**Brining Communities Together Through Education**

