



**PERUVIAN CONSULATE IN NEW JERSEY & PENSYLVANIA
MAXITIA PROJECT INC
HEALTH EDUCATION AND HEALTH ASSESSMENT PROGRAM**

The program has been a tremendous success in providing health education and health screening to the Peruvian community that visits the Peruvian Consulate in Paterson, NJ. The sessions are held every two weeks. The Consulate has been providing us with a room for the health assessment component of the program.

At the beginning of each session, we provide a health education and awareness presentation to the consulate visitors in the main waiting room of the consulate. During which we provide an overview of an important health topic for the community. We also inform the visitors as to how they can access health services in the local community.

We also make them aware of our health shepherding program that helps them navigate the United States health system. We also serve as their advocate if needed. During the health screening component of the sessions, we provide blood pressure, Electrocardiogram, blood sugar and Vascular Doppler assessment to the consulate visitors that wish to participate. All these services are provided free of charge and a report of the findings is given to the participants for their records.

